Authentic Leadership

TRANSFORMATION OF TECHNICAL TEAMS

Speaker Introduction

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Agenda of the talk

- Transformation and resistance to change
- Foundations of authentic leadership
- Balancing culture, productivity, and team cohesion
- Trust & psychological safety as game-changers
- Transitioning from control to empowerment and delegation
- True agility through adaptability
- Delegation as a core leadership skill
- Influencing cultural change within your organisation

Evolving Teams Beyond "Transformation"

- Transformation sounds dramatic like a forced change, a corporate metamorphosis
- But here's the truth: People don't change because they're told to.
 People change when they want to.
- Instead of "transforming" teams, let's focus on evolution—helping engineers grow as professionals, leaders, and culture-builders.
- ► The goal? Transcend roles. Drive real impact.

The Psychology of Change: Why Teams Resist Transformation

- Change is hard—especially for highly skilled professionals who value autonomy
- Ever told a developer their workflow is changing? Cue the five stages of grief
- Psychology tells us: We resist imposed change because we want to feel in control.
- The key? Involve your team in the change—through balance, trust, leadership, and direction.

Balance: The Art of Sustainable Productivity

- An overworked team moves like NPCs—running on caffeine & muscle memory instead of creativity.
- Constant firefighting = No growth and burnout. Your job as a leader isn't just driving results, it's creating the right environment.
- ► The key to **sustainable high performance**:
 - Protect deep work time
 - Cut pointless meetings
 - Reframe downtime as fuel for innovation
- Without balance, productivity isn't sustainable—it's just burnout waiting to happen.

Trust embedded in Culture: Creating Psychological Safety

- A team afraid to say "I don't know" isn't evolving—it's just surviving.
- Psychological safety drives innovation by allowing teams to experiment, fail, and challenge ideas without fear.
- Google's research: Trust is the #1 factor in high-performing teams.
 - Trust isn't built through motivational speeches.
 - Trust isn't something you can demand.
 - Trust is something you earn.

The best way to build trust? "I don't know, but let's figure it out together."

True Leadership: From Control to Empowerment

- Great leadership isn't control—it's empowerment.
- Your role isn't to dictate solutions but to ask the right questions that guide your team.
- ► **Trust your team**—they may do things differently than you, but still brilliantly.

Sense of Direction – The "Why" Behind the Work

- Great code isn't written just for the sake of it. Teams thrive on purpose.
- "Because it's in the sprint" is NOT an inspiring reason.
- ▶ The best teams understand **why their work matters**—whether it's:
 - Building software that changes lives
 - Making an existing system 10x better
- Vision unites teams. If you want your team to evolve, make sure they see the bigger picture—and get excited about it.

What is Authentic Leadership?

- It's about being real, aligning with your core values, and creating an environment where others thrive.
- ► Great leaders build trust by being honest—especially when times are tough.
- "Walking the walk" matters—because leading in tech means working with brilliant, skeptical, caffeine-fueled minds.
- Authenticity in leadership means:
 - Self-awareness
 - Transparency
 - Integrity

Two Types of Leaders in Tech

- Hands-on technical leaders Deeply involved in the code and engineering decisions.
- Hands-off leaders from other disciplines Focus on strategy, people, and processes.
- Both can be highly effective—but they lead in very different ways

Leadership vs Management

- Leadership and management are NOT the same.
- Managers → Focus on processes & efficiency (keeping things on track).
- Leaders → Focus on inspiration & empowerment (unlocking potential).
- A great team needs both—as only managing isn't enough.

Team Autonomy: The Power of Trust

- Technical teams thrive on autonomy and trust.
- Micromanagement kills creativity—but trust fuels investment and engagement.
- Authentic leadership empowers teams to take ownership, driving innovation.

Delegation as a Leader

- Start slow Don't just offload work; guide and support.
- Engage in discussions Provide feedback, challenge ideas, and collaborate.
- ▶ **Show vulnerability** Admit when you don't have all the answers.
- ► Celebrate small wins Recognize creativity and initiative.
- When you trust your team, they exceed expectations.
- Delegation fuels team growth—and makes you a better leader.

Empowering Self-Organising Teams

- A self-organizing team means the work continues even when you're not around.
- Leaders may fear autonomy, but the best leaders are measured by how independent and self-sufficient their teams are.
- True leadership is about empowering your team to thrive without constant oversight.
- Remember: The true test of leadership is how well your team performs without you.

Setting Vision as Leaders (The Why)

- Leaders set the vision and provide guardrails, but the team decides how to execute.
- In our team, we **align on outcomes**—but the team determines the best approach.
- When they find a better way, we embrace the conversation to discuss and improve.
- Result: Better innovation, Stronger collaboration, Increased ownership

What About The Leaders? (The what's in it for me)

- The autonomy of your team, self-organising structure, and a culture built on trust don't just benefit the team—they help you grow as a leader too.
- This setup allows you to evolve from a servant leader to an executive-level executor.
- The time freed from day-to-day involvement becomes an opportunity to:
 - Engage with other leaders, heads, and directors
 - Shift focus to a strategic, high-level vision beyond just your team
- ▶ **Ultimately, empowering your team elevates your leadership** and drives the bigger picture.

Teams Grow Through Your Growth as a Leader

- Your growth as a leader directly impacts your team's development.
- When you evolve, your team evolves with you.
- ▶ **Lead by example**—as you grow, your team grows stronger, more capable, and more empowered.

Practical Strategies for Authentic Leadership

- Self-reflection is key: use your team as a mirror to assess your leadership style. What is your team saying about you as a leader? How can you improve and grow?
- Watch out for overconfidence:
- Closed conversations
- Taking on technical tasks instead of providing direction
- Not engaging with the team in meaningful discussions
- Failing to rely on your team for scoping roadmaps

Self-Reflection & Growth as a Leader

- Have regular 1-1s with your team—even if you don't manage them directly.
- Use these conversations to:
 - Provide feedback
 - Give the floor to your team:
 - How do you feel about my leadership?
 - What can I do better?
 - How can I improve and grow as a leader?
- This approach keeps you grounded and ensures you're evolving alongside your team.

Focus on What You Can Control

- Sometimes your team will ask for things outside your direct control like more people.
- As a leader, you might not have control over that decision, but you do have influence.
- Focus on what you can control:
- Adjust workloads to prevent burnout.
- Reframe goals to ensure they are achievable.
- Provide mentorship and upskilling opportunities.

Leverage these aspects to improve your team's experience and performance.

Building a Culture of Open Communication

- Building a culture of open communication is about the tone you set: In daily standups, workshops, sprint ceremonies, and 1-1s.
- When things don't go as planned, openly discuss:
 - What went wrong
 - Why it happened
 - How to improve
- Be transparent about your own experiences, challenges, and lessons learned.
- ▶ This fosters **trust** and encourages your team to share openly.

Creating Career Growth Opportunities

- Align tasks with team members' interests and aspirations.
- Help engineers transition to leadership roles if they choose.
- Encourage upskilling, mentoring, and networking.
- Guide each team member toward personal and professional development.

How to Deal with Differences in Your Team

- Understand individual differences in how team members handle stress, tasks, and problem-solving.
- Exploratory tasks for those who thrive in solving unknown problems—encourage documentation and solution generation.
- Well-defined tasks for those who prefer clear direction—provide specific requirements and clear goals.
- Adapt your leadership approach to each individual to create a harmonious, high-performing team.
- ▶ There's no one-size-fits-all when it comes to leadership.

True Agility Comes with Adaptability

- ► **True agility** isn't about rigid frameworks (like Scrum) or strict methodologies
- It's about adapting to your team's unique environment and needs.
- Adjust your processes to work for you—not the other way around.
- Adaptability is the core of true agility.

Manifesto for Agile Software Development

► Individuals and interactions over processes and tools

- ► Working software over comprehensive documentation
- Customer collaboration over contract negotiation
- Responding to change over following a plan

You Shape the Direction and the Processes

- Collaborative Decision-Making: Use retrospectives and feedback sessions to identify what's working and what's not.
- Experimentation & Feedback Loops: Introduce small changes, observe impact, and refine.
- Flexibility in Methodologies: Adapt methodologies (Agile, Kanban, etc.) to suit your team's strengths.
- Clear but Adaptive Goals: Maintain structure but allow teams to adjust approaches for creativity and problem-solving.
- Involve your team in shaping the direction and processes for a dynamic, continuously improving environment.

Your Team or Product Manager/Head is Your Best Friend

- ► The relationship with your team manager or head is one of the most important to foster
- Great managers act as mentors, advocates, and partners in success—not just authority figures.
- Product managers should focus on team outcomes and well-being, not micromanaging processes
- Regular check-ins and alignment with leadership empower you to shape team processes.
- Use this relationship to secure resources and support for growth, innovation, and long-term initiatives.

Managing Up and Influencing Culture

- Strategic Influence: Help those in charge understand the realities on the ground.
- Protecting Leadership from Misguided Ideas: Sometimes, it's about steering leadership away from harmful decisions.
- Advocacy: Ensure your team's needs are heard at higher levels.
- It's about strategic influence to drive positive change and advocate for your team.

Aligning Leadership Principles with Company Goals

- ▶ **Speak the company's language**: Align your ideas with organisational priorities (growth, innovation, cost-cutting, compliance, etc.).
- ▶ Make your case: Frame ideas in terms of business impact
- ▶ Shift from problem-focused to opportunity-focused: Demonstrate how your ideas contribute to the broader company vision.
- Aligning leadership principles with company goals helps create value and opportunities—and turns your proposals into impactful business solutions.

Influencing Change Without a Leadership Title

▶ Influence through credibility: It's about trust in your expertise and the value of your insights, not your title.

Two Key Approaches:

- Be a Solution-Oriented Thinker: Present solutions, not just problems.
- Build Strategic Alliances: Collaborate with like-minded colleagues across teams to amplify your impact.

Key Takeaway: Influence grows when you focus on solutions and build supportive networks to drive collective change.

Conclusion: Leadership is a journey, not a Destination

- Create an Inspiring Environment: Lead with authenticity, integrity, and a commitment to growth to build a culture of collaboration and autonomy.
- Reflect on Your Leadership: How are you shaping your team and company culture? How are you inspiring ownership, innovation, and growth?
- ► Great Leaders Ask the Right Questions: Leadership is about listening deeply and creating space for others to shine.
- Final Thought: Leadership is a continuous journey. With every step, you influence change and shape the future for yourself and your team.

Call to Action

Lead with purpose, authenticity, and vision.

Q&A Session